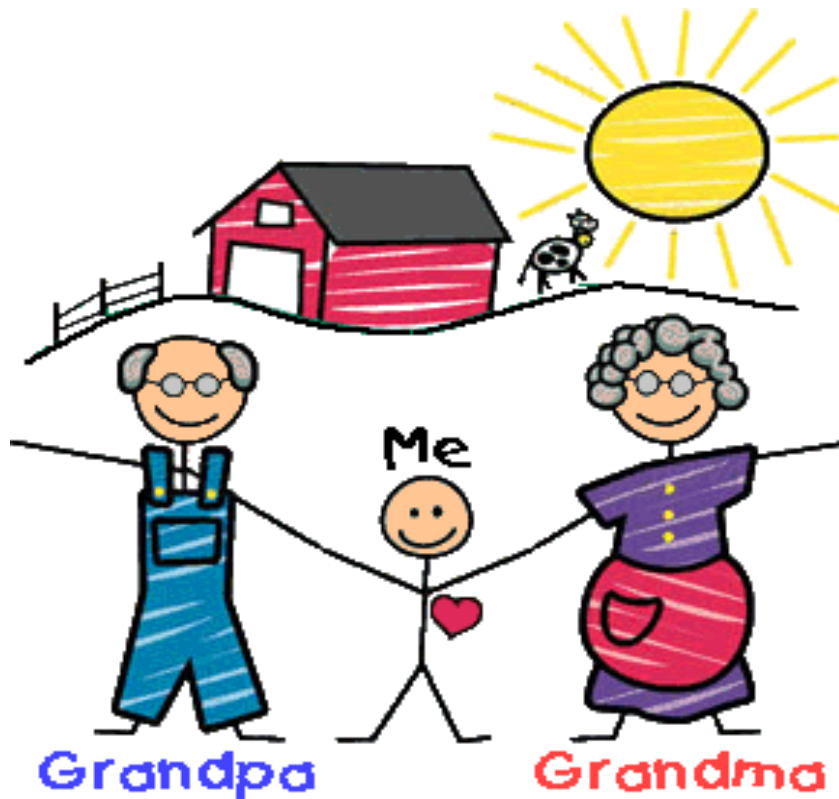


At Home *with* *El Dorado Manor*

El Dorado Manor & Assisted Living
Box 97
Trenton, NE 69044

“Where love is ageless...”
SEPTEMBER 2017



Happy Grandparent's Day

Newsletter Editor: Jaynee Janousek

NONDISCRIMINATION NOTICE

It is the policy of El Dorado Manor & Assisted Living that all resident admissions, room assignments, resident services, or employment are provided without regard to RACE, COLOR, NATIONAL ORIGIN, DISABILITY, OR AGE. For further information about this policy, contact Carla Sapp, Section 504 Coordinator, 1-308-334-5241 or 1-800-642-6112.

Resident & Staff News

September's Birthdays

Resident's

Bev Adams 14

Staff

Daryl Tavares 6

Brenda Shill 12

Laura Anderson 14

Alberta Cole 28



September's birthstone is a Sapphire.

September's flower is the Morning Glory.

Employee's anniversary dates:

09/07/2007 Susan Peterson MA

09/25/2007 Wendy Brown Hsking

09/28/2016 Mya McCorkle Dietary

New residents to introduce this month are Kathy Steinke, Dean Hansen, George Atwood and Alvy VanVleet. Please stop in and welcome them and tell the rest of us hi.



MEOW – just introducing myself. My name is Tigs, I am still getting used to my new home, but can tell you I am a very friendly young man and would enjoy a pet whenever you stop to visit.

September resident of the month honors go out to Pat Mitchem. Pat was born in Imperial but moved to McCook at a young age and finished school there. Pat worked at Modern Appliances, and was a telephone operator. Later Pat went to college and became a teacher. She taught at Southwest and her favorite part of the job was the kids who she loved. Her hobbies were crocheting and sewing. Since coming to El Dorado Pat joins in with activities every day especially enjoying the musical entertainments. She told me that she thinks the staff at El Dorado, are all special people. Please stop in and visit, she would love to see you and have a chat over a beverage of your choice. Below is a picture of Pat and her best NEW friend "Tigs".



Assisted living week begins with Grandparents day on Sept. 10th.

We will be having a pancake bar for breakfast and an EDM Poker Run in the afternoon – which of course means not going outside of the building.

On Tuesday we are going to enjoy eating some Whoppers and then we are going to see who is the best at telling them – whoppers (lies) I am talking about. Please join us and see whom, is the best!!!!

This & That

Hello from the Dietary,

Where has the summer gone? Help has already gone back to school so you will only see them on weekends and evening shift. We will be training new help for cooking and dining room on all shifts.

New menus should be coming out towards the end of September or beginning of October.

Have a good & safe Labor Day.

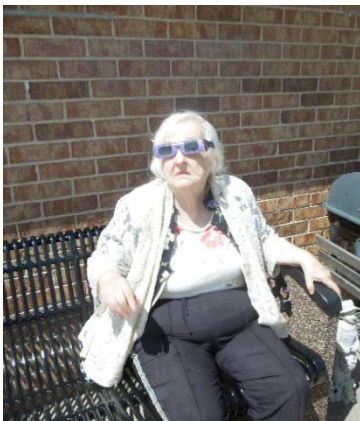
Mary and her gang



The eclipse was just starting on this day.



Some watched it until the end.



Hey all!

Well first off our Indian maiden pictures didn't make it up because the glass at the nurse's station has been removed. I remember the glass going up but not sure of the year, just saying it has been a while. It looks totally different. Will find another place to hang the pictures.

Made it back from Omaha all in one piece and maybe a little richer after visiting the casinos. Probably a few pounds heavier also, after eating at the buffets.

Spent time playing Mexican dominoes with the grand-daughter, and an afternoon at the Durham Museum. What a beautiful old train depot that building is. We also had ice cream at a small corner place in the Old Market named Ted & Wally's, that had Nebraska Sweet Corn ice cream...it was some delicious ice cream I be telling you. We had some lady walk down the line as we were waiting to be served telling us how good it was and that we should try it. If you visit Omaha in the future please find this little ice cream parlor and give it a try. Although they tell me that the sweet corn ice cream is only available a few times through the year.

Across the street from the ice cream was an antique place. It was not only about antiques, the whole front half of the store was all about "penny" candy that of course doesn't cost a penny anymore. But it had a BIG selection of candies. Both of my granddaughters appreciate antiques, might be why they love me.

We had also taken down a lug of Colorado peaches with us so we had a good time trying three different recipes my daughter made.

It was sad knowing that my granddaughter was going farther away from me but exciting to know that she was going to be beginning another chapter of her life.

We are making plans for Assisted Living Week which starts with Grandparents Day on Sept. 10th. We are inviting EVERYONE to join us for some of the fun. Sunday morning we are planning a pancake bar for breakfast – if this is your favorite meal please join us. In the afternoon we are going to do our version of a "Poker Run". This happening will begin at 2 with different tests along the way as you get your poker hand.

On Tuesday we are going to see who can tell the best Whopper! This will be in the afternoon at 2, following a lunch of Whopper hamburgers, onion rings, and watermelon/cantaloupe.

Points of View



THE CHAPLAIN'S CORNER

September is already here. For me, the summer went by so fast and I feel it's just ready to start. The kids are in school, the pool is closed, the kittens are growing up, the calves are about to get a rude awakening and be weaned. Wheat to be planted, forage cane to be put up, and corn and milo to be harvested. Whoa, wait a minute, I'm not involved in that anymore. This is not the farm page but a spiritual corner. But while all of that stuff is going on, we can still have a relationship with Jesus. No matter our occupation, we can still slip in some prayer time for those around us our families, our police and the military as they protect us, our country, and our leaders. There are so many things we can share with God and he enjoys hearing about all of it.

And then while we are going about those daily things, there is always a chance to share some thing about Jesus with someone else. If they are interested, continue, and if not, at least you've tried and who knows, they might want to hear more later.

We didn't go up north to watch the Eclipse last month. We stayed in Stratton to watch it take place. The moon covered about 97% of the sun and I was surprised at how light it was. It would compare to a cloudy day when the clouds are heavy. It doesn't take very much light to drive out the darkness. Just put one little tiny light bulb in a totally black closet and the darkness runs away. For us, who follow Jesus he tells us in the book of Matthew, 5:14, we are the light of the world. In the next verse he tells us that we don't light a candle and put it under a bucket, but on a candle stick, so it lights up the room. If you let the light shine that Jesus put in you when you gave your life to him, you will be amazed how it pushes back the darkness that this world clings to.

Richard Stahly, Facility Chaplain



HELEN'S THIS & THAT

Autumn begins in September. Leaves are starting to turn. Students are back in school. Teachers are busy leaving a lasting influence on them.

Martha Shea was a dedicated English and Social Studies teacher at Morey Junior High in Denver. We all idolized her. Each morning we watched her climb the stairs to her second floor classroom. She walked with a limp because she had polio at age 7. When I was a student teacher from the University of Denver, she was my supervising teacher. Although she had a master's Degree in education, the school board had at one time questioned her ability to teach because of her physical limitations. In 2017 this would be considered as discrimination.

Gary Hobbs rates Miss Robbins a high school drama coach in Colorado Springs as a "super terrific" teacher. He was very shy and she gave him confidence and chose him to play the lead in "You're a Good Man Charlie Brown" based on the characters in the Charles Schultz comic strip. His excellent baritone voice was perfect for the part. After graduation he performed in various singing groups and even sang some opera.

Bev Adams attended grade school in Thayer, Ill. Attending high school at Binder, Ill. She enjoyed a social studies class and remembers learning about political parties and even a little bit about geography.

Gwendlyn Gay Gilbert better known as "GiGi" went to Decatur High School in Oberlin, KS. Her favorite teacher was Mr. Stoddard. He taught freshman English. His great sense of humor made it fun. She managed to diagram a sentence perfectly the first time she tried it up on the board in front of the class.

Don Sanger lived in Wyoming in his younger years. He didn't have any favorite teachers or subjects.

Tina Messersmith, a nurse at El Dorado says that her family moved around a lot but she really enjoyed high school Science and English. Her experience in these classes influenced her career choice.

Shirley Walter grew up during some difficult financial times. One of her teachers made sure she had lunch every day when she did not have anything to eat. There were 15 students and none of them were allowed to go hungry.

Written by Helen Ruth Arnold

COMPREHENSIVE CARE PLANS

Within 14 days of admission to El Dorado Manor a Comprehensive Plan of Care is determined for each resident. The purpose of these care plans is to identify care needs of each resident and develop a plan to meet each of these needs.

Developing and implementing these care plans takes an interdisciplinary team effort. This means each department nursing service, dietary, social service, activities, and rehabilitation; assess the resident's needs they have identified.

Care plans change, as needs change, but are reviewed and discussed as a team, quarterly or every three months. Residents and family members are invited to attend the care plan meetings to discuss and review the plan of care, ask questions, and express concerns or problems. Care plan meetings are scheduled for Tuesday mornings at 10:00 a.m. and residents are scheduled according to their quarterly date. Family members are invited to attend, but asked to please call prior to care plan meeting if they do plan on attending.

SEPTEMBER CARE PLANS



Sept. 5th, 2017

Zila McCollam
Bonnie Leake
Gary Hobbs
Dean Hansen

Sept. 12th, 2017

Chuck Beebe
Norma Boner
Don Sanger
Stub Golding

Sept. 19th, 2017

Jackie Frick
Bev Adams
Phyllis Myers

Sept. 26th, 2017

Oct. 3rd, 2017

Cec Adams
Sharon Marble

Out of the Resident's Rights Book

Communication with Others


The resident has the right to:

- *Participate in social, religious, and community activities that do not interfere with the rights of other residents in the facility
- *Interact with members of the community both inside and outside the facility.

Immediate access to:

- *Any representative of the United States Department of Health and Human Services.
- *Any representatives of the State of Nebraska.
- *The resident's individual physician.
- *The Nebraska State long term ombudsman.
- *The agency responsible for the protection and advocacy system for developmentally disabled individuals.
- *The agency responsible for the protection and advocacy system for mentally ill individuals.
- *Subject to the resident's right to deny or withdraw consent at any time, immediate family or other relatives of the resident.
 - * Subject to reasonable restrictions and the resident's right to deny or withdraw consent at any time, others who are visiting with the consent of the resident.
- *Privacy in written communications including the right to send and promptly receive mail that is unopened, and have access to stationery, postage, and writing implements at the residents own expense.
- *Have reasonable access to the use of a telephone with auxiliary aides where calls can be made in private.

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGES!!	9:30 Dominoes on Mondays on AL Bingo Numbers Mon – Friday A.L.	C.C.P.'s on Tuesday Mornings starting at 10:00 am. Call for a time.		Shopping available with Hitch and Hay see Social Services. Shopping to Dollar General will be on Sept. 8th.	1 9:30 Books & More 11:15 Music Makers 2:00 Wii Time <i>Debbie Helps</i>	2 1:00 Shirley's game choice 6:00 Lawrence Welk 5 8:00 NE vs ARK ST 27
3 9:10 Church <i>Church of God</i>	4 Holiday LABOR DAY 	5 Dave Visits 9:30 Hangman 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Lanny Scott Entertains 4:15 Ball Play	6 9:30 Reminisce (Back to School) 11:15 Ex. & Dev. 2:00 Church <i>Pastor Jason</i> 3:00 Library Board Meeting	7 9:30 Resident Council 11:15 Ex. & Dev. 2:00 Manicures & Music 4:00 Farkle	8 9:30 Books & More 11:15 Ex. & Dev. 2:00 Something Fun <i>Dorothy & Debbie Help</i>	9 1:00 Ricky's game choice 4:30 NE vs Oregon (4) 6:00 Lawrence Welk 5
10 Grandparent's Day <i>Pancake Bar for Breakfast</i> 9:10 Church <i>Men's Quartette – Arlan, Bob, Rich, Scott, Betty</i>	11 1:1 Time 11:15 Ex. & Dev. 2:00 Kings on the Corner <i>Debbie Helps</i>	12 Dave Visits 9:30 Balloon Smash 10:00 C.C.P.'s 11:15 Parachute 2:00 Whopper Lies Contest 4:15 Ball Play	13 9:30 Church <i>Carol & Jan</i> 11:15 Music & Motion 2:00 Bach Sing Along	14 9:30 Reminisce (Hummingbird Nostalgia) 11:15 Ex. & Dev. 3:30 LCR	15 9:30 Books & More 11:15 Music Makers 2:00 Bingo <i>St. James</i> <i>Debbie Helps</i>	16 12:00 NE vs N. Illinois 1:00 Marilyn's game choice 6:00 Lawrence Welk 5
17 9:10 Church <i>D Hoyt, F Hegwood, M Howard</i>	18 1:1 Time 11:15 Ex. & Dev. 2:00 Kings on the Corner <i>Debbie Helps</i>	19 Dave Visits 9:30 Hangman 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Yahtzee 4:15 Ball Play	20 9:30 Church <i>Pastor Rick & Bach's</i> 11:15 Ex. & Dev. 2:00 Wes White Entertains	21 9:30 Reminisce (Snowball) 11:15 Ex. & Dev. 2:00 Spell It Out 6:30 Night Time Bingo	22 9:30 Books & More 11:15 Ex. & Dev. 2:00 Bingo <i>Culbertson Methodist</i> <i>Debbie Helps</i>	23 1:00 Pat's game choice 3:30 NE vs Rutgers 6:00 Lawrence Welk 5
24 9:10 Church <i>R Stahly B Potthoff, Delores & Mary</i>	25 1:1 Time 11:15 Ex. & Dev. 2:00 Bible Study <i>with the Wilke's</i>	26 Dave Visits 9:30 Reminisce (Good Neighbors) 10:00 C.C.P.'s 11:15 Parachute 2:00 Card Bingo 4:15 Ball Play	27 9:30 Church <i>Pastor Heilbrun & Jan</i> 11:15 Music Motion 2:00 Ron Scott Entertains	28 9:30 Ball Roll 11:15 Ex. & Dev. 2:00 Change A Letter 4:00 Farkle	29 9:30 Books & More 11:15 Music Makers 2:00 Bingo <i>VFW of Trenton/Culb</i> <i>Debbie Helps</i>	30 1:00 Flip a Coin game choice 6:00 Lawrence Welk 5 8:00 NE vs Illinois