

At Home
with
El Dorado Manor

El Dorado Manor & Assisted Living
Box 97
Trenton, NE 69044

“Where love is ageless...”

MARCH 2018



Happy St Patrick's Day

Newsletter Editor: Jaynee Janousek

NONDISCRIMINATION NOTICE

It is the policy of El Dorado Manor & Assisted Living that all resident admissions, room assignments, resident services, or employment are provided without regard to RACE, COLOR, NATIONAL ORIGIN, DISABILITY, OR AGE. For further information about this policy, contact Carla Sapp, Section 504 Coordinator, 1-308-334-5241 or 1-800-642-6112.

From the Administrator Desk...

Teamwork: According to Merriam-Webster means, “the work and activity of a number of persons who individually contribute toward the efficiency of the whole.” The number of persons we have here is our staff, providing individual contributions for our residents. Much like a family, our team works to provide support and efficiency for not only each other, but most certainly our residents. Everyone plays a crucial part in making sure that this family runs smoothly. Are we flawless? Not by any means, but what family is? EVERY member of the staff is equally important, as well as EVERY resident. Now that spring in upon us, which is a time for new beginnings or refreshing the old, let’s reflect on our roles that we play in this community, our family. What can we do to provide this to our residents in their day to day care? WE can make all the difference in the world!

Mandy Broussard, Administrator
Box 97, Trenton, NE 69044
Telephone: 1-308-334-5241
Email: Mandy.Broussard@eldmnr.org



El Dorado Manor's Dept. Head List

Administrator – Mandy Broussard
D.O.N. – Elaine Berry RN
A.L. Coordinator -- Robin Cook LPN
Activity Director -- Jaynee Janousek
Social Services Director – Shelley Kefalas
Dietary Manager -- Mary Vrbas
Maintenance Dept. – Scott Propp & Eric Lucas
Environmental Services – Jeanne Hunkins
Medical Records – Carla Sapp
MDS Coordinator – Beth Scott
Rehab – Sara Podoll
Medical Director -- Richard Klug MD
Facility Chaplain -- Richard Stahly

El Dorado Manor's Board of Directors

Chairman - Linda Cook
Vice-Chair -- Cliff Johnson
Secretary -- Phyllis Bach
Member -- Craig Schmitz
Member – Dave Wimer

Phone Numbers

1-308-334-5241 regular line
1-800-303-5241
1-308-334-5243 FAX

Resident & Staff News

March's Birthdays

Resident's

Marilyn Matson 1
Gary Zwickle 4
Ethel Beebe 11



Staff

Michael Faimon 17
Robin Lomax 19

March's birthstone is Aquamarine.

March's flower is the Jonquil.

Employee's anniversary dates:

03/01/1984 Robin Cook LPN AL
03/27/1998 Jeanne Hunkins Environmental Supervisor
03/14/2011 David Anderson Hsk.
03/12/2013 Melissa Cardenas MA
03/30/2017 Brenda Shill LPN

New residents to introduce this month are James Leisure and Warren Harrison. Please stop in to see them and the rest of us, share a beverage, and have a wonderful conversation.



The Pinnacle Bank recently donated to El Dorado these computers & monitors. Representing the bank are back row lt – rt: Todd McCarty, Ben Anderson, and Jim O'Dea, front row; Mandy Broussard Administrator and Carla Sapp, Medical Records. Everyone at El Dorado thanks you for thinking about us with your thoughtful donation.

March resident of the month honors go out to Dixie Stock. Dixie has always been a Hitchcock County girl, graduating from Trenton High School in 1946. Following graduation she taught school. When she married a farmer she helped him do daily chores. Her favorite was driving the truck during harvest she told us. Dixie also had a garden that she was proud of. And her biggest accomplishment was raising her three children. Family has always been important. When she came to El Dorado Dixie tried many things that she hadn't experienced being on the farm. She tried everything and was always willing to join in. Dixie is in the hospital at this time, so I do not have a picture. But when she returns, please stop in and tell her congrats over a beverage of your choice. And please keep her in your thoughts and prayers.

TID BITS OF INFORMATION

As St Patrick is visiting us on a Saturday we will be celebrating on Thursday, the 15th at 2:00. If you would like to join us...please come ahead, we would love to see you.

When looking at the calendar please note that Ron Scott is now coming on Tuesday's instead of Wednesday's. Same time though at 2:00.

Activity needs are: Cat Food – Meow Mix. And scoop able kitty litter. Tigs has been adopted by most of our residents. They all take turns enticing him to sleep with them – or at least snuggle, as witnessed below.



PICTURE PERFECT



Decorating cookies for our Valentine celebration. We had different colors of icing, sprinkles and heart candies to decorate. Everyone did a wonderful job because they looked YUMMY!!!

The residents wrote the following poems with the beginning of the four sentences in each.

DEPRESSION is
the sound of silence, loneliness,
the replay of other's words in your head,
and the thunder of your broken heart.

the smell of dampness, and
mustiness during days of continual dark, dreary, rain.

the taste of salt water,
tears rolling down dampened cheeks,
and into the corner of your mouth.

the feel of emptiness, ache,
and a stinging broken heart...
sadness

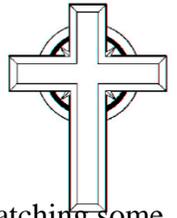
BABY IS
the sound of crying, whimpering, cooing,
and the contagious joyful belly laughs.

the smell of newness, lotion, freshness,
and that precious new baby scent.

the taste of their sweet slobbery baby kisses,
mixed with a bit of mashed banana.

the feel of that baby soft, uncaloused skin,
the snuggles,
and the tiniest of this velvety smooth new
person...
precious

Points of View



THE CHAPLAIN'S CORNER

The last two weeks the Olympics have been taking place in South Korea. We have been watching some of it. Young people (some not so young) doing amazing, almost impossible feats of skiing, snow - boarding, ice skating and more. They have to spend many hours each day practicing and keeping in shape. They are an inspiration to us to do the best we can in whatever occupation we have.

We lost a man this month that did the best he could most of his life. Billy Graham met Jesus in a tent meeting that was held by evangelist, Mordecai Ham, in 1934. It is estimated Billy preached to 215 million people in 185 countries. It was figured, in 2008, that his life time audience, through his crusades and radio and television shows, he reached 2.2 billion people. His message was simple--- God loves you—and an invitation to accept Jesus for your Savior. According to his staff 3.2 million people responded to his invitation through the Billy Graham Crusades. He preached the gospel to more people, in person, than anyone in the history of Christianity. In Timothy chapter 4 verse 7, Paul says “I have fought the good fight, I have finished the race, I have kept the faith.” And so did Billy Graham, he was a gold medalist many times over.

As we live out our lives we need to try to do the best we can in whatever we do, because, we should be serving the Lord in whatever we do. If you are not serving Jesus maybe you should accept Billy Graham's invitation and accept Jesus as your savior.

Richard Stahly, Facility Chaplain



HELEN'S THIS & THAT

March 2018 brings to mind many things. On March 1, 1867 Nebraska became the 37th State. The Romans called it Martius. When Julius Caesar revised the calendar he moved the beginning of the year from March to January. The Vernal Equinox occurs on March 21st in the Northern Hemisphere and is considered to be the first day of spring.

On March 15th in 44 B.C. Julius Caesar was assassinated. This is called the “Ides of March”.

Daylight savings went in to effect on March 31st, 1918.

Easter sometimes is celebrated in March.

The new U.S. Constitution went into effect on March 4th, 1789. We begin to look for robins and consider it as a sign of spring in March.

The first three days of April are often windy like March.

On March 21st the length of the day and the length of the night are equal. Sap begins to flow in the trees and green buds appear.

Here is what our staff and residents think about March:

Marilyn Matson thinks it is exciting to celebrate her birthday March 1st on Nebraska's birthday.

Gary Hobbs flew kites on windy days in March. He never had enough string. He went to his sister's house to fly a kite for his niece. (They weren't home) He flew it anyway. He earned the name of *crazy uncle*.

Kelly McCauley LPN states that the first day of spring is on its way. In 2018 Daylight Savings is March 11th. She will set her clock for it.

Shirley Rodgers is always reminded of her mother's birthday on March 17th, St Patrick's Day.

George Atwood wore green on St Patrick's Day. He went to high school in Basalt, Colorado where it snowed a lot in March. His family drove through heavy snow over Loveland Pass to visit his grandparents.

Phyllis Stinnette remembers that her father always went out into the fields in March to start spring work.

Both Shirley and George remember bad snowstorms in March in Colorado and mountain snows in June in the Rocky Mountains.

Written by Helen Ruth Arnold

COMPREHENSIVE CARE PLANS

Within 14 days of admission to El Dorado Manor a Comprehensive Plan of Care is determined for each resident. The purpose of these care plans is to identify care needs of each resident and develop a plan to meet each of these needs.

Developing and implementing these care plans takes an interdisciplinary team effort. This means each department nursing service, dietary, social service, activities, and rehabilitation; assess the resident's needs they have identified.

Care plans change, as needs change, but are reviewed and discussed as a team, quarterly or every three months. Residents and family members are invited to attend the care plan meetings to discuss and review the plan of care, ask questions, and express concerns or problems. Care plan meetings are scheduled for Tuesday mornings at 10:00 a.m. and residents are scheduled according to their quarterly date. Family members are invited to attend, but asked to please call prior to care plan meeting if they do plan on attending.

MARCH CARE PLANS

March 6th, 2018

Jackie Frick

Bev Adams

Warren Harrison

March 13th, 2018

Cec Adams

Sharon Marble

Norma Boner

March 20th, 2018



March 27th, 2018

Shirley Walter

Phyllis Alberts

Pat Mitchem

Gigi Gilbert

April 3rd, 2018



Out of the Resident's Rights Book

Dignity, Respect, and Quality of Life

The resident has the right to:

- *Be treated with consideration, respect, and full recognition of his or her dignity and individuality, including privacy in treatment and in care for his or her personal needs.
- *A dignified existence, self-determination, and communication with and access to persons and services inside and outside the facility.
- *Exercise his or her rights as a resident of the facility and as a citizen or resident of the United States.
- * Be free of interference, coercion, discrimination, and reprisal from the facility in exercising his or her rights.
- * Have rights exercised by the person appointed under State law to act on the resident's behalf if adjudged incompetent under the laws of Nebraska.
- *Have rights exercised by any legal-surrogate designated in accordance with State Law if not adjudged incompetent under the laws of Nebraska.
- *Retain and use personal possessions, including some furnishings and appropriate clothing, as space permits, unless to do so would infringe upon the rights or health and safety of other residents.
- *Share a room with their spouse when married residents live in the same facility and both consent to the arrangement.

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGES!!	Bingo Numbers Mon – Friday A.L. 9:30 Dominoes on Tuesday's on AL	C.C.P.'s on Tuesday Mornings starting at 10:00 am. Call for a time.	Shopping available with Hitch and Hay see Social Services. Shopping to Dollar General will be on March 9 th	1 9:30 Resident Council 11:15 Ex. & Dev. 2:00 Staff Inservice 3:30 LCR	2 9:30 Books & More 11:15 Music Makers 2:00 Manicures & Music	3 2:00 Farkle 6:00 Lawrence Welk 5
4 9:10 Church R Ridland, D Riggs, R J G Stahly, M Howard 2:00 Dominoes	5 Ramona & Sparky Visit 9:30 Hangman 11:15 Ex. & Dev. 2:00 Kings on the Corner	6 1:1 Time 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Lanny Scott Entertains 6:30 Night Time Bingo	7 9:30 Pigs I Remember 11:15 Ex. & Dev. 2:00 Church <i>Pastor Jason</i> 3:00 Library Board Meeting	8 9:30 Balloon Smash 11:15 Ex. & Dev. 2:00 Yahtzee 4:00 Trivia Time	9 9:30 Books & More 11:15 Ex. & Dev. 2:00 Something Fun With Dorothy Helping	10 2:00 Farkle 6:00 Lawrence Welk 5
11 Daylight Savings Time 9:10 Church Church of God 2:00 Dominoes	12 Ramona & Sparky Visit 9:30 The Haircut 11:15 Ex. & Dev. 2:00 Kings on the Corner	13 1:1 Time 10:00 C.C.P.'s 11:15 Parachute 2:00 Card Match "EM" 4:00 Ball Play	14 9:30 Church <i>Pastor Alisa & Jan</i> 11:15 Ex. & Dev. 2:00 Sing Along with the Bach's	15 9:30 Hangman 11:15 Ex. & Dev. 2:00 St Patrick's Day Party 4:00 Dominoes	16 9:30 Books & More 11:15 Music Makers 2:00 Bingo St. James	17 <i>Happy St. Patrick's Day</i>  2:00 Farkle 6:00 Lawrence Welk 5
18 9:10 Church Men's Quartette Scott, Arlan, Bob, Rich, & Betty 2:00 Dominoes	19 Ramona & Sparky Visit 9:30 Hangman 11:15 Ex. & Dev. 2:00 Kings on the Corner	20 Spring 1:1 Time 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Spring Art 4:00 Ball Play	21 9:30 Church <i>Pastor Rick & Bach's</i> 11:15 Ex. & Dev. 2:00 Wes White Entertains	22 9:30 Ready, Set, Goal! 11:15 Ex. & Dev. 2:00 Manicures & Music 4:00 Farkle	23 9:30 Books & More 11:15 Ex. & Dev. 2:00 Bingo Culbertson Methodist	24 2:00 Farkle 6:00 Lawrence Welk 5
25 9:10 Church S Johnson, K Cole, Christian Union High School Sunday School Class 2:00 Dominoes	26 Ramona & Sparky Visit 9:30 Trivia Time 11:15 Ex. & Dev. 2:00 Bible Study With the Wilke's	27 1:1 Time 10:00 C.C.P.'s 11:15 Parachute 2:00 Ron Scott Entertains 4:00 Ball Play	28 9:30 Church <i>Pastor Heilbrun & Jan</i> 11:15 Music n Motion 2:00 Yahtzee	29 9:30 Easter Poems 11:15 Ex. & Dev. 2:00 Unscramble the Word 4:00 Bunco	30 9:30 Books & More 11:15 Music Makers 2:00 Bingo VFW Tren/Culbert	31 2:00 Farkle 6:00 Lawrence Welk 5